



***Providing
health, clinical
and service
development
research
consultancy***

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The Research Unit

The work of the RDNS (SA) Research Unit is vital to the promotion of evidence-based community health. Our contribution to the quality of life and health outcomes of individuals and communities via research and development of knowledge, is evidenced by an extensive research and publication track record.

Our researchers have expertise in working with health consumers, service providers and stakeholders using collaborative approaches.

We provide research and project consultancy in:

- Literature reviews and discussion papers
- Analysis and synthesis of information
- Evidence-based practice summaries
- Preparation of grant proposals
- Workshop and focus group facilitation
- Qualitative and quantitative methodologies
- Data management and analysis
- Instrument development
- Project evaluation
- Preparation of reports
- Writing for publication
- Curriculum development
- Seminar presentations

Collaborative Partnerships

We invite local, national and international collaborations that will strengthen research, facilitate change and provide beneficial outcomes for all partners.

**Consider the RDNS Research
Unit for your next project**

***See over page for Research Publications
available to purchase***

*Established in 1996, the RDNS (SA) Research Unit is a division of
the Royal District Nursing Service Foundation of SA Inc.*

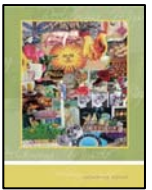
RDNS Research Publications



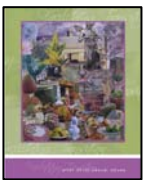
Transition Poster (\$10) – identified in this poster is the process that people experience when confronted with adversity in their lives. Included also is an outline of a process (Look, Think, Act) that health workers can use when working with people who are facing disruption to life.



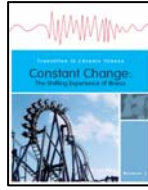
Continenence Promotion Package for people living with mental illness (p&h only) – this package is for residential carers of people with mental illness to promote continence. The package comprises a comprehensive resource, a self directed workbook and a continence promotion poster.



Reclaiming Myself - Women's CSA Resource (\$20) – a workbook for women survivors of child sexual abuse to help them reclaim their lives.

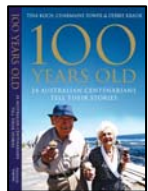


Facilitating Transition - Service Provider's CSA Resource (\$20) – for people working with survivors of child sexual abuse. The processes used to facilitate participation in the transition process are discussed.



Chronic Illness Booklets (\$9 per booklet) – these 11 resources describe the experiences of living with chronic disease. They will assist people living with chronic illness, as well as health workers and carers.

1. Constant Change
2. Grief and Loss
3. Shifts in Self and Identity
4. Relationships
5. Sexuality
6. Fatigue
7. Pain
8. Interacting with Others
9. Our Inner World
10. Self-Care
11. Understanding Transition



100 Years Old (\$25) – people aged 100 years or more are one of the fastest-growing populations in Australia. The compelling stories of 24 Australian centenarians are told in this book, providing a rare insight into their very long lives. Published by Penguin.



Participatory Action Research in Health Care (\$77) – this book provides a guide to participatory action research in the community health setting. It draws upon the authors' experience of working, researching and engaging the people utilizing collaborative, participatory approaches. Published by Blackwell Science.

✂

I am interested in purchasing the following publications:

Name.....

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- | | |
|---|--|
| <input type="checkbox"/> Constant Change \$9 | <input type="checkbox"/> Transition Poster \$10 |
| <input type="checkbox"/> Grief and Loss \$9 | <input type="checkbox"/> Continenence Package - p&h only |
| <input type="checkbox"/> Shifts in Self Identity \$9 | <input type="checkbox"/> Women's CSA Resource \$20 |
| <input type="checkbox"/> Relationships \$9 | <input type="checkbox"/> Service Providers Resource \$20 |
| <input type="checkbox"/> Sexuality \$9 | <input type="checkbox"/> 100 Years Old Book \$25 |
| <input type="checkbox"/> Fatigue \$9 | <input type="checkbox"/> Participatory Action Research |
| <input type="checkbox"/> Pain \$9 | in Health Care \$77 |
| <input type="checkbox"/> Interacting with Others \$9 | |
| <input type="checkbox"/> Our Inner World \$9 | |
| <input type="checkbox"/> Self-Care \$9 | |
| <input type="checkbox"/> Understanding Transition \$9 | |

Costs are inclusive of GST
Postage costs an additional \$7 per item

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