

HEALING PROBABILITY SCALE

Likely to heal / Timely healing
(less than 3 months)

Prolonged healing / Unlikely to heal
(up to 12 months or longer)

Factors That Aid Healing

- Good nutrition
- Good fitness level
- Participation in care
- Positive attitude towards health
- Good hygiene
- Non-smoker
- Aged less than 70 years

Factors That May Inhibit Healing

Aged more than 70 years	Rheumatoid arthritis
Cardiac disease	Respiratory disease
Hepatic failure	Sensory deficits
Malignancy	Recurrent infections
Incontinence	Taking corticosteroids
Radiation therapy	Taking immunosuppressants
Hemi, para or tetraplegia	Altered gait
Foot or limb deformities	Drug or alcohol misuse
Poor nutrition	Poor hygiene
Depression	Multiple comorbidities will reduce healing probabilities further

Factors That Will Inhibit Healing

- Poorly controlled diabetes
- Peripheral vascular disease
- Smoking
- Chronic renal failure



Royal District Nursing Service of SA Inc.

Wound Healing Probability Tool for RDNS Nurses

The RDNS Intranet homepage contains a wealth of web-linked and ratified Internet sites, via the Health Info Sites web-link, offering client information, fact sheets, referral contact requirements and information and brand-specific information for the nurse, client, family member or carer, including:

- AIDS Council of SA
- The Cancer Council of Australia
- Independent Living Centre
- Carer support packages
- Infection Control – education and product guides
- Continence Foundation Australia
- Mental health and wellbeing
- Disability Information Centre & Resource Centre
- National Heart Foundation fact sheets
- Disability SA
- National Infection Control MRSA and VRE info sheets
- Falls prevention
- The Royal Society for the Blind (RSB)
- Food Glorious Food, SA
- Seniors home page
- Health and well-being
- Women’s Information Service
- GP cholesterol / BP monitoring
- Podiatrist
- Links via RDNS Intranet
- QUIT SA
- Healthy SA
- Shine SA
- Meals on Wheels
- Dietetics Australia
- Drug and Alcohol Services
- The Paraplegic & Quadraplegic Association
- Domiciliary Care for home assessment, equipment and personal services
- Falls-audiologist or optometrist referral
- Diabetes Australia
- Diabetes SA
- RDNS Diabetes assessment (includes foot assessment tool)
- Kidney Health Australia
- Society for Vascular Nursing – Patient Education Sheets

Clinical resource information, specific to RDNS Clinical Specialties, are available on the RDNS Intranet via the Clinical Resources web-link, including:

- Continence – fact sheets and brand specific information.
- Diabetes – related internet and web resources for children, parents and adults.
- Disabilities – National Disabilities Information and Resource Centre.
- Mental Health – Alzheimer’s Association, SANE Australia, Multicultural Mental Health Australia.
- Palliative Care – Cancer Council of SA, analgesic guidelines, Cochrane pain report, fact sheets and brand specific information.
- Wound Management – client/carers info sheets, brand-specific information.
- HIV – related internet and web resources for children, parents and adults.