



# Home Help Packages

Home Help Packages have been specially designed to keep people **independent** in their **own homes**. They include a range of **personal** and **domestic services** which are tailored to the **individual's needs**.

## Services include

- assistance with showering, dressing and toileting
- assistance with grooming, hair and nail care
- finger and toenail cutting
- assistance with shopping and paying bills
- transport to appointments and social activities
- meal preparation
- respite care
- home cleaning and laundry

### Home Help Bundle - Silver

The silver home help bundle provides you with up to three visits every week of whichever home services you wish.

### Home Help Bundle - Gold

The gold home help bundle provides you with up to seven visits every week of whichever home services you wish.

### Home Help Bundle - Platinum

The platinum home help bundle is a totally individualised package of health and care services, including home help, nursing and allied health care. This care can be provided up to 24 hours a day, 7 days a week in your own home.

## Benefits

Our Home Help Packages are designed to:

- Support you to remain independent in your own home for as long as possible
- Make life easier
- Allow your own choice in assistance
- Free up your time to enjoy friends and family

## Cost

Silver Home Help Package from \$58.50 per week\*

Gold Home Help Package from \$136.50 per week\*

Platinum Home Help Packages are priced individually

\* Please note all prices are GST exclusive

## Availability

We provide services seven days a week, over night and public holidays.

For private individuals services are available when you require them, no waiting list, no Aged Care Assessment. We can often provide same day services.

Home Help Packages are available across the Fleurieu region, as well as the Adelaide Hills and Adelaide Metropolitan area.

## Eligibility

Home Help Packages are available to anyone who requires some help to remain living in their own home.

## Referral

Service enquiries can be directed through our 24 hour contact centre 1300 363 262.

Focus Healthcare has a range of health and care services that can be tailored to meet your individual needs please do not hesitate to contact us to speak with a healthcare consultant on 1300 363 262 or visit [www.focushealthcare.net.au](http://www.focushealthcare.net.au)